



The Good Friday Run 5 Miler

May the course Be With You.....

Good Friday April 2nd 2010 @ 8.00pm Market Cross Killarney

Enquiries: Catriona 087-2851266

ENTER ONLINE : www.thegoodfridayrun.ie

SUBSTANTIAL GOODY BAG AVAILABLE TO ALL PARTICIPANTS

- Accurately Measured Course
- Chip Timed
- AAI Permit Granted
- Refreshments and Food provided for all participants
- Entertainment
- Kids Mini Race

€400 FOR 1ST MALE & FEMALE

Category Prizes/Spot Prizes

Fit For Life Category

www.thegoodfridayrun.ie

- **Online Entry Closing Date: 23rd March 2010**
- **Entry Available On The Day**

Online Entry: €20

Entry Form (Block Capital Letters Please)

Name _____ **Mobile** _____

Address _____

Club/Category _____ **Email:** _____

Male **Female**

Date of Birth: _____

Please Select Category:

Senior junior over35 over40 over45

over50 over55 over60 over65 Wheelchair

Please Post Entry Form to: Feet First, 28 High Street, Killarney, Co. Kerry

Cheques made payable to: Feet First